## XV. Diseases of the Cardiovascular System

### N.B.:

- Atheromata commonly appear in the <u>descending aorta</u> and are chiefly marked in the lower abdominal portion.
- They appear crowded near the orifices of the intercostal and lumbar arteries
- The dangerous effects lie in the rigidity of the vessel, ulceration of the patches and the **development of thrombosis** with its sequels.

# Aetiology and pathogenesis of atheroma:

- Several factors such as
  - o Heredity,
  - o Mechanical injury,
  - o Senile changes,
  - o Endocrine disorders and
  - Hypertension
- Appear to play some role in the development of atherosclerosis, but the pathogenesis of the disease enters mainly around theories including
  - o The lipoid,
  - o The infective and
  - o The thrombotic theories.

### Factors which are believed to account for the development of atherosclerosis are:

- 1. **Mechanical and thrombogenic** factors.
- 2. **Humoral factors** (effect of blood lipids, heparinoid substances in blood and other metabolic factors).
- 3. **Factors** of age, occupation, psychic state, stress, hypertension and endocrine imbalance.
- 4. Unknown factors.

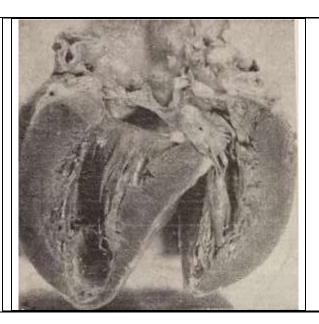




Figure 48	
Nature Healed Infarct and Ane	urism
Specimen No. 1-3.2Y2	
Reference P. 130	

Figure 49
Nature Hypertrophy and Dilatation
Specimen No. 1–3.021
Reference P. 131

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Autorosc	ici osis,	Cai uiai	<b>Aneurism</b>

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Heart	Is enlarged					
Left ventricle	Myocardium:	Hypertrophied				
		Shows thin pale white patches				
	Apex:		Thin			
		Pale white				
		Shows an aneurismal dilatation				
Aortic cusps	Show atheromatous patches					
	Degenerative changes					
	<ul> <li>Fibrosis</li> </ul>					
	• Distortion					
	Are thickened (by sclerosis)					
	Adherent to each other					
Coronary arteries	Show atheromatous elevations					
Aorta	Shows atheromatous patches					

#### **N.B.**:

- Thrombosis of an atheromatous anterior descending branch of the left coronary artery
  - → Infarct at the anterior wall of the left ventricle at apex of heart
  - → Weakening of the heart wall even when the infarct has healed (by thin fibrous tissue)
  - $\rightarrow$  Bulging at apex of ventricle  $\rightarrow$  ventricular or apical aneurism.
- This aneurism may rupture, or thrombosis may occur on the roughened endocardial surface. Detachment of parts of the thrombus → emboli.
- Rigidity of aortic valve and cusps → aortic regurgitation → hypertrophy of the heart.

