

## XVI. Diseases of the Respiratory System

### *N.B. 2. Congenital anomalies of the lung*

1. Abnormal fissures (absence, extra or abnormal),
2. Abnormal lobes.
3. Sequestration segment (associated with cystic disease).
4. Abnormal bronchi (decrease, increase or variations in distribution).
5. Congenital cystic disease which may lead to accumulation of secretion, secondary infection and rupture.

- A true congenital cystic lung may occur **alone or in association with cystic diseases of other organs.**
- **Pulmonary cystic lesions** appear in the foetus or may show themselves at birth, after birth or at any later age.
- The commonest form is a **cystic dilatation of bronchi.**
- This is developmental (not degenerative) in origin and tends to affect upper and middle portions rather than bases and lower parts of lungs.
- It is a rare disease; mostly children; the lung is occupied by cysts of varying sizes (lined by epithelium; cubical and ciliated or flattened).
- The cysts may be single or multiple and small or large.
- The neighbouring and adjacent bronchi are normal (whereas in bronchiectasis they are deformed, dilated and infected resulting in severe attacks of dyspnea and cyanosis).
- The disease may lead to spontaneous pneumothorax.
- There may be marked pulmonary hypertension as a result of vascular occlusion.



<b>Anthracosis</b>	<b>4-6.9411</b>				
<b>Lung:</b>	<ul style="list-style-type: none"> <li>• Voluminous (large)</li> <li>• Firm in consistence (slightly)</li> <li>• Emphysematous at the apex</li> <li>• Shows marked pigmentation</li> </ul>				
	<b>Cut surface:</b>	A uniformly-congested pigmented surface forms a back ground With a dark black network			
<b>The pigment :</b>	<b>Carbon particles</b> Black in colour				
	Deposited as a network at:	Anatomical lobules			

		Septal lymphatics Subpleural
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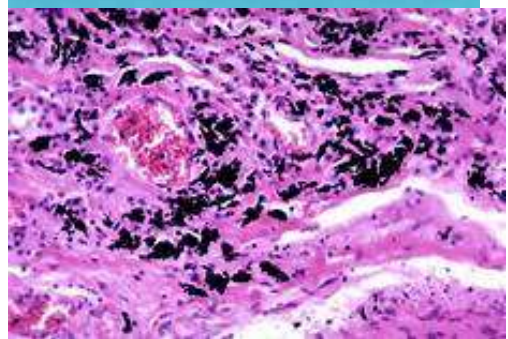
<b>Lymph nodes (bronchial):</b>	Enlarged (slightly) <u>Pigmented</u> Black	
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**N.B.I:**

- Of all the dust diseases of the lung, **anthracosis is the commonest but the least harmful.**
- It does not predispose to tuberculosis or to cancer.
- In very severe cases, it may occasionally **produce fibrosis which is rather little.**



**Figure 95**  
**Nature**  
Anthracosis (lung)  
**Specimen No** II-6.9411  
**Reference P.** 192



**N.B,**  
**Pneumoconiosis (dust-diseases):**

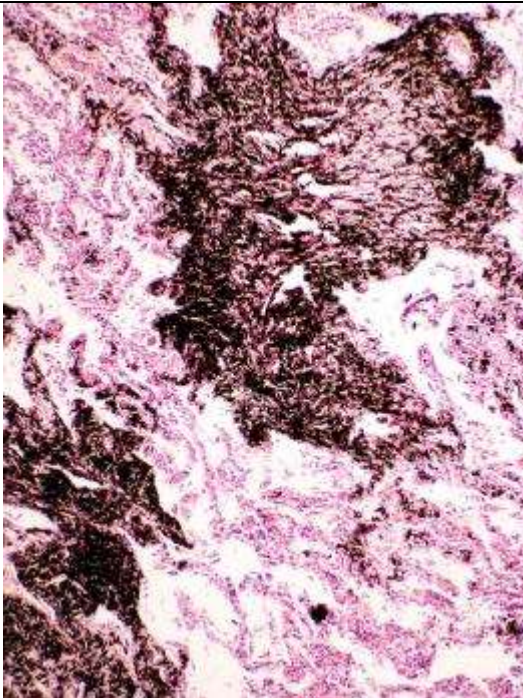
- The effects of inhalation of dust **depend on the character of particles.**
- The fine simple dust of air which is not expectorated, is carried from lung into lymphatics, and is deposited in various situations without necessarily producing any damage.
- **If the dust is irritating, it causes reactive changes.**
- According to the nature of the dust inhaled, various names have been given depending on the lesions produced.

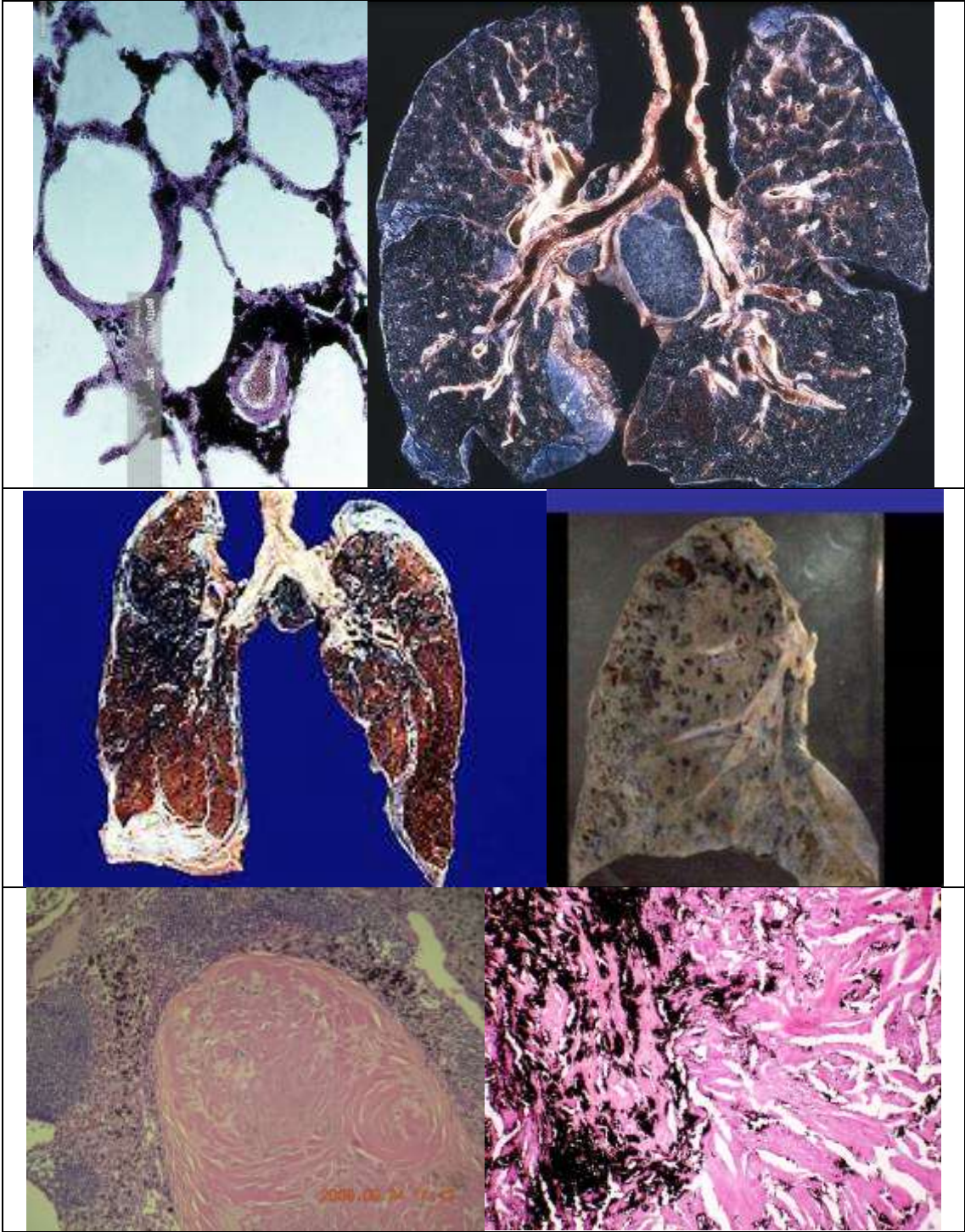
- **Dust diseases are usually**
  - Occupational diseases,
  - Are gradual in onset
  - With early little clinical manifestations,
  - Then great disability
  - And definite clinical
  - And radiological phenomena.
- Diseases which result from long continued inhalation of certain irritating dusts, may cause **chronic interstitial pneumonia** are termed "**dust-inhalation diseases** and known as "**pneumoconiosis**".
- These diseases are on the increase with progressive increase in industrial civilization.

**Types:**

- *Silicosis,*
- *Asbestosis,*
- *Anthracosis,*
- *Silico-anthracosis,*
- *Sidero-silicosis.*

- In old-standing cases of pronounced pneumoconiosis, the lesions may be distributed not only in the lung, but in other situations and organs such as :
  1. *Dust particles in bronchial, mediastinal and distant lymph nodes →greyish black pigmentation.*
  2. *Lymphatics of epicardium and diaphragm.*
- Liver, spleen and bone marrow. →This so-called "metastatic distribution" (which is a bad term), is simply due to rupture of a blocked pigmented lymph node into a blood vessel.





# THE SPECTRUM

Asymptomatic anthracosis



Simple CWP with little to no pulmonary dysfunction



Complicated CWP, or progressive massive fibrosis (PMF), in which lung function is compromised

