

XVIII. Diseases of Liver, G. Bladder, Pancreas & Peritoneum Peritoneum

Acute Peritonitis

A piece of omentum:

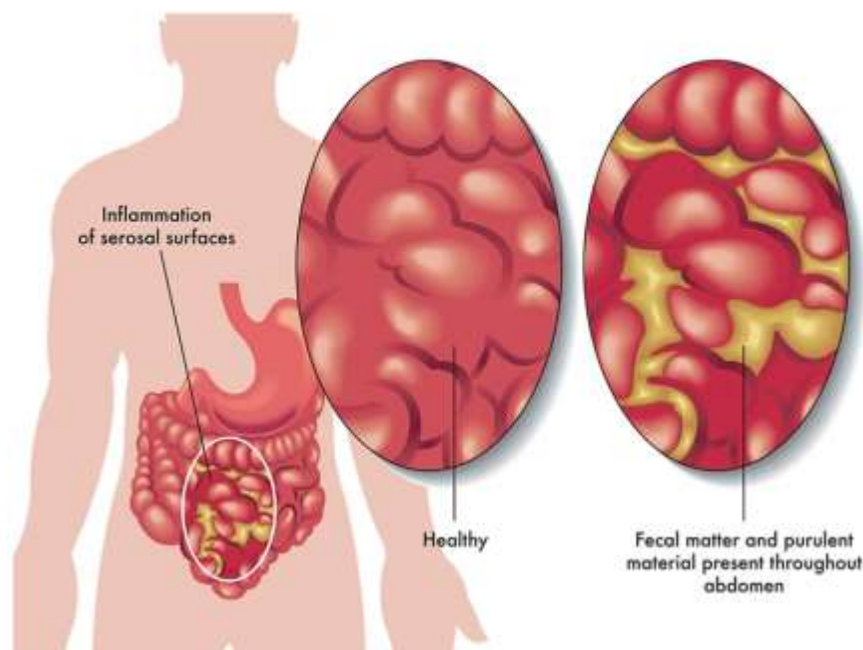
- *Is adherent to abdominal visceral organs*
- *Swollen and oedematous*
- *Congested*
- *Contains thick exudate :*
 - *Inflammatory*
 - *Fibrino-purulent*
- *Appears dull and rather opaque*

N.B.I:

Acute diffuse peritonitis

- *Acute diffuse peritonitis is usually due to bacterial infection which may be a mixed one (polymicrobial).*
- *Occasionally, it is due to non-bacterial irritant materials such as*
 1. *A foreign body (talcum powder or surgical materials used at operation),*
 2. *Effusion of bile (from obstruction then perforation and rupture of bile ducts),*
 3. *Fluid from a ruptured cyst (ovarian cyst) and*
 4. *Escape of blood (rupture of spleen, of tubal pregnancy or of intra-abdominal aneurism).*

Peritonitis





The bacteria:	<i>Bacillus coli</i> →:	<ul style="list-style-type: none"> • Abundant thick exudate. • Fibrinous, fibrinopurulent or purulent • With faecal odour.
	<i>Streptococcus</i> →:	<ul style="list-style-type: none"> • Thin exudate. • Serous or sero-purulent (with only slight fibrin).
	<i>Staphylococcus</i> →:	<ul style="list-style-type: none"> • Yellowish-pussy exudate.
	<i>Pneumococcus</i> →:	<ul style="list-style-type: none"> • Watery.' • With fibrin or fibrinopurulent exudate.
	<i>Gonococcus</i> →:	<ul style="list-style-type: none"> • Exudate + fibrosis. • Localized to pelvis (usually).
	<i>B. Pyocyaneus</i> →:	<ul style="list-style-type: none"> • Creamy greenish-yellow exudate.
	Anaerobic bacilli & <i>Clostridium welchii</i> :	<ul style="list-style-type: none"> • Watery exudate with blood (mainly).



Diagnosis

- Ascitic fluid should be sent for:
 - Cell count with differential
 - Gram stain and culture ← Culture is neither sensitive nor specific.
 - Albumin
 - Total protein
 - Glucose
 - LDH
 - Amylase (optional)
 - Bilirubin (optional)
 - AFB smear and culture (optional)

A therapeutic paracentesis

Routes of infection:

1. Exterior (penetrating wounds or post-operative).
2. Internal genitalia (puerperal sepsis, acute-and-gonococcal salpingitis and pneumococcal infections).
3. Alimentary tract (rupture or infection) : Stomach →peptic ulcer and carcinoma; duodenum →peptic ulcer; intestines →typhoid ulcers, tumours, strangulated hernia, volvulus and intussusception; thrombosis of vessels →infarction and gangrene; vermiform
4. Appendix →appendicitis.
5. Internal organs: Liver (abscesses); pancreas (pancreatitis); kidneys (suppuration and pyonephrosis).
6. Blood stream (in pneumococcal peritonitis).

Common causes of peritonitis.

Severity	Cause	Mortality Rate
Mild	Appendicitis Perforated gastroduodenal ulcers Acute salpingitis	<10%
Moderate	Diverticulitis (localized perforations) Nonvascular small bowel perforation Gangrenous cholecystitis	<20%
Severe	Multiple trauma Large bowel perforations Ischemic small bowel injuries Acute necrotizing pancreatitis Postoperative complications	20-80%



Sequence of events (in the peritoneum)

1. At first:	Pink and congested → "the hyperaemic stage".
2. Then:	Dull and covered by a layer of fibrin. Contains an inflammatory fluid → "the exudative stage". Coils of intestines are stuck together → matted and sticky.
3. Lastly :	Exudate (localized or generalized) → fibrous adhesions → the plastic stage".
4. Fate:	<ol style="list-style-type: none"> Resolution, chronicity or death. Fibrosis and localization by adhesions or spread of infection. Thrombosis of mesenteric veins and gangrene. Intestinal obstruction → paralytic ileus. Toxic absorption and septicaemia.

PERITONITIS "HOT BELLY"

Tx:

- I.D. Cause
- Antibiotics
- IV Fluids
- Abd Distention

100° F Plus

- Fever
- N & V
- Anorexia

- Rebound Tenderness

• "Board-Like" Abdomen

- Abd Distention & Rigidity

• ↑ WBC

X-Ray > DX

Risk Factors

- Abdominal Surgery
- Ectopic Pregnancy
- Perforation:
 - ★ Trauma
 - ★ Ulcer
 - ★ Appendix Rupture
 - ★ Diverticulum

Nursing Care

- IV's & Electrolyte Balance & GI Distention
- Infection Process
- Prevent Complications:
 - Immobility
 - Pulmonary
 - Fluid Balance

SHHH... BOWELS SLEEPING...

NS, K' Rx

↑ Pulse

↑ BP

Dehydration

Pain

↓ Bowel Sounds

©2007 Nursing Education Consultants, Inc.

N.B.2:

- The association of
 - **Abdominal pain with tenderness and rigidity** (of any part of the abdomen) as well as
 - **Vomiting** and a
 - **Steady rise in the pulse-rate**, rather than the
 - **Characteristic pale,**
 - **Sick and**
 - **Collapsed appearance** of a patient,
- Indicates a primary disease in one of the intra-abdominal visceral organs with a secondary peritoneal inflammation.
- Surgical interference (indication and treatment) depends much upon detecting the exact underlying pathological lesion.

Peritonitis can occur even without rupture of the inflamed viscus

- (Vermiform appendix, gall bladder etc...) Because the bacteria (*B. coli*, enterococci ... etc.) can permeate the wall.
- However, the condition becomes more marked with **perforation or rupture of any ulcerative** (or gangrenous) lesion in the digestive organs in the abdomen (peptic ulcerations, intestinal ulcerations, abscesses and ulcerating tumours).

It may follow marked irritation produced by escape of blood, bile or pancreatic enzymes.

Peritonitis, as such, has to be differentiated from:

1. **Pleurisy and pneumonia.**
2. **Chronic intestinal obstruction.**
3. **Simple colic (intestinal, biliary or renal).**
4. **Infectious diseases and fevers (malaria, influenza etc.).**
5. **Uremia.**
6. **Abdominal crisis of tabes dorsalis.**
7. **Tuberculosis of dorso-lumbar vertebrae (spinal caries).**

